

Nutrition Benefit

Your Regency for Expats International Health Insurance provides access to:

Nutrition Advice



Eat Well, Live Well

This benefit provides Regency for Expats International Health Insurance Members with unlimited access to Regency's team of fully qualified nutritionists. Through tele/video conferences, members can consult Regency's nutrition professionals and receive information, advice and meal plans aimed at helping them achieve a healthy balanced diet.



Achieve your health goals

- INCREASE ENERGY
- PREVENT DISEASE
- IMPROVE SLEEP
- **V** LOSE WEIGHT
- IMPROVE SKIN COMPLEXION
- FEEL YOUNGER
- BOOST IMMUNITY
- IMPROVE DIGESTION
- FIGHT CANCER
- IMPROVE CIRCULATION
- STRENGTHEN BONES





Regency for Expats, a Regency Assurance company, is a long term licensed insurance company. Access to Regency's nutrition professionals is provided to International Health Insurance members under the Major Medical, Standard, Comprehensive and Fully Comprehensive plans subject to the standard terms, conditions, exclusions and warranties of the Regency for Expats policy wording.

Regency for Expats Nutrition Benefit is available to international health insurance members and provides access to Regency's nutrition professionals remotely via tele / video conferencing for nutrition consultations, personal diet information, nutrition advice and the provision of nutrition plans aimed at achieving members health goals.

Nutrition benefits are only available to existing members with a valid international health insurance certificate of insurance and is subject to the standard terms conditions, exclusions and warranties of the international health insurance policy wording.

HOW TO ACCESS

Members wishing to access Regency for Expats Nutrition Benefit should contact claims.

Email: claims@regencyforexpats.com



